Central Coast Virtual Lean Coffee - 14Oct, 4pm Pacific

Date and Time:

15 October 2020 - All items on the board
00:30 (UTC+00:00)

Facilitator:

Eric Olsen

Attendees:

Eumi Sprague, Marc Myers, Nancy Kress, john ruffner, Ben, Tracy

Summary:

Actions:

Learnings:

Topics discussed:

Lean consultant: how to understand lean online? Ben
Votes: 3
Suggested by: Eric Olsen

Comments:

- **Eric Olsen**
  Interesting!!!
- **Eumi Sprague**
  Use a tool like Lean Coffee or Trello board to facilitate
- **Eumi Sprague**
  Pick a simple process to improve?
- **Eumi Sprague**
  Start with videos about Lean?
- **Eric Olsen**
  Miro
- **Eric Olsen**
  5 Principle and 2 pillars
- **Eric Olsen**
  Start with a story.

How doe teams work more effectively online?
Votes: 2
Suggested by: Eric Olsen

Comments:

- **Eumi Sprague**
  Setting house rules, checking in regularly
- **Eric Olsen**
  Video on!!!
- **Eric Olsen**
  Non work related fun stuff.
- **Eric Olsen**
  Optional to share video. Be sensitive.
- **Eric Olsen**
  Meetings not efficient in real world.
- **Eric Olsen**
  Distractions - decide when you need people and when you don't. Be dialed on your objective. Consider doing it when they are their. Let individuals go.
- **Eumi Sprague**
  Setting expectations that everyone can agree to
- **Eric Olsen**
  Revisit rules for meeting.
- **Eric Olsen**
  Do not go over!
- **Eumi Sprague**
  Hold regular short check in meetings, as well as one on one;s
- **Eric Olsen**
  When next meet on the agenda!
- **Eric Olsen**
  Bring what you have.

How to stay fit physically and mentally during COVID?

Votes: 2
Suggested by: Eumi Sprague

Comments:

- **Eric Olsen**
  Biking
- **Eric Olsen**
  Walking
- **Eric Olsen**
  First thing in morning.
- **Eric Olsen**
  Areobic and yoga videos online
- **Eric Olsen**
  Reduce calories --> 2 meals/day. Bfast 9am & Dinner at 3pm

UX for a virtual medicine for seniors with multiple chronic disease

Votes: 2
Suggested by: john ruffner

Comments:

- **Eumi Sprague**
  Ease of use (being intuitive) is key I would think
- **Eumi Sprague**
  simple instructions with graphics?
- **Eumi Sprague**
  Use layman's lanuguage
- **Eric Olsen**
  Bridge from familiar to new.

- **Eric Olsen**
  AI?? Plain English.
- **Eric Olsen**
  Multimode?
- **Eric Olsen**
  Care team - behavioral.
- **Eric Olsen**
  What is the patient mental mode? Do people see "teams"?
- **Eric Olsen**
  One "dashboard"???

Best practices when working on process improvement projects with outside companies

Votes: 2
Suggested by: Marc Myers

Comments:

- **Eric Olsen**
  Pain points -- leverage for change.
- **Eumi Sprague**
  What's in it for the outside companies?

Topics voted on but not discussed:

What is the value in doing a Lean Project Simulation Workshop?

Votes: 2
Suggested by: Eric Olsen

Comments:

How is virtual better? What has gotten better with COVID?

Votes: 1
Suggested by: Eric Olsen

Comments:

How can I simplify my visual task management? I have too many kanban boards!

Votes: 1
Suggested by: Nancy Kress

Comments:

- **Eric Olsen**
  Personal Kanban - Jim Benson
- **Eumi Sprague**
  Believe it or not, I use Daytimer
- **Eumi Sprague**
  I also put my to do's on my calendar
- **Eumi Sprague**
  I too am a list person